



CROSS LAKE BAND OF INDIANS

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CROSS LAKE COMMUNITY NOTICE

December 24th, 2021

Seasons Greetings from the Cross Lake Pandemic Planning Committee

It's been a difficult 21 months since the COVID-19 Pandemic has been declared in Canada. We have lost loved ones and vaccinated most of our population to try to keep everyone safe. It's still here and new cases are showing up. We urge everyone to follow the Fundamentals for Safety. With the new Omicron Variant in Manitoba, it is important to keep gatherings small, travel only for essentials, wear masks, wash/sanitize your hands & keep up with social distancing. It is a very fast spreading & contagious COVID-19 variant.

It is unfortunate at this time of the year that positive cases are happening in Cross Lake and our neighbouring community of Norway House. At this time, we do not recommend travel between the two communities.

If you are Positive or a Primary Contact, you must isolate. Due to the housing situation in First Nations communities and the Accessibility of Healthcare, even if you are fully vaccinated, you must isolate. It's the only way to keep it from spreading. Prepare ahead of time in case you have to isolate.

To enter Cross Lake, you must show your vaccination card. If you must travel, upon return – stay at home for 4 days and self-monitor. If you develop any symptoms, make arrangements with the Nursing Station to get tested.

Vaccination Clinics for 5-11 years old and 12-17 years old & booster shots for Adults will continue the first week of January, 2022

If you have any questions, please call Public Health, (204)676-5663. Leave a message and a nurse will call you back if no one answers.

Thank you from the Public Health Team and Cross Lake Pandemic Planning Committee