



CROSS LAKE BAND OF INDIANS
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CROSS LAKE COMMUNITY NOTICE

FOCUS ON THE FUNDAMENTALS

We can all lower our risk and help reduce Manitoba's and Cross Lake cases of COVID-19 by focusing on the fundamentals and resisting letting our guard down.

- CHECK YOURSELF FOR SYMPTOMS EVERYDAY
- STAY HOME WHEN YOU ARE SICK
- GET TESTED IF YOU HAVE SYMPTOMS OF COVID-19
- WASH YOUR HANDS OR USE ALCOHOL BASED HAND SANITIZER FREQUENTLY
- COVER YOUR COUGH/SNEEZE
- MAINTAIN SOCIAL (PHYSICAL DISTANCING)
- WEAR A MASK

CROSS LAKE PANDEMIC PLANNING COMMITTEE