



CROSS LAKE BAND OF INDIANS

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FRIDAY, FEBRUARY 21, 2022

CROSS LAKE RESPONSE LEVEL: ▼ YELLOW - CAUTION

ISOLATION GUIDELINES

Changes to Isolation Guidelines

- If you have tested **COVID-19 Positive**, you will isolate for:
 - **5 days** if you're double vaccinated;
 - **7 days** if not fully vaccinated.
 - Note, once the Positive person is done their Isolation, they can go back to work or the store. If that person has symptoms, they must wait 48 hours after symptoms are gone before finishing their isolation. The rest of the household still Isolates for the additional days.
- **Contacts:** Once the Positive person is done their Isolation, **The Contacts within the household will then begin their additional Isolation of 10 days**, as per Public Health Guidelines within First Nations Communities.
- **Contacts** to test yourself a couple days after last day of contact with Positive case and then again if symptomatic

Ekosani

Cross Lake Pandemic Planning Committee