



**CROSS LAKE BAND OF INDIANS**  
Cross Lake, Manitoba ROB OJO Phone: (204) 676-2218  
Fax: (204) 676-2117  
Executive Council Direct Fax: (204) 676-3155



**CROSS LAKE RESPONSE LEVEL:  ORANGE - RESTRICTED**

**Tuesday, November 17, 2021**

**TANSI, NITOTEMAK, NITEENIMAK, NIWAKOMAKANUK, KAKINOW ININIWAK**

- There are now **18 Active Cases** in Cross Lake, **9 Recovered** for a **Total of 27 Total Cases** since November 4, 2021. There are over 250 Primary Contacts named by the Active Cases. Please Isolate if you've been told by Public Health to isolate.
- In First Nations communities, you must isolate for 10 days at home and/or AIA; after the 10 days, Self-monitor for another 4 days. If you still have symptoms after that, please stay home until the symptoms are gone. This is mandatory even if you're double vaccinated or partially vaccinated. Focus on the fundamentals as required by Shared Health.
- If you are named as a Primary Contact, at this time the whole household should isolate until all the Contact tracing is done. Please be respectful to the Public Health staff. Be Patient. They cannot tell you who named you as a Contact. Don't send students to school. Don't go work or the stores.
- The Band Schools are closed until all Contact tracing is complete.
- Be careful when you go out for Medical appointments. Follow Guidelines.

There are people that were double-vaccinated, were exposed to COVID-19 and tested positive; most of these people were Asymptomatic (no symptoms) and children that have not been vaccinated yet.

We are awaiting the approval to vaccinate the 5–11 year olds. We will update soon.

The Vaccine Clinic that was scheduled for November 17<sup>th</sup> & 18<sup>th</sup> has been rescheduled for next week: **tentatively** November 23<sup>rd</sup> & 24<sup>th</sup> (Tuesday & Wednesday) at Cross Lake Community Hall from 10:00 a.m. to 6:00 p.m. 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> doses for Youth & Adults will be available (Vaccine Notice will be posted). We recommend getting your vaccines.

- **Anyone** who tested Positive for Covid-19 Variant, it will be mandatory to go to Alternative Isolation Facility in Winnipeg to isolate for 10 days as required by Shared Health.

***If you are returning from a Hot Spot, you will have to have a COVID-19 test upon entry to Cross Lake.***

For the safety of our community of Cross Lake, Cross Lake Check Stop will not allow any Member (s) from Norway House, any Cross Lake Member (s) residing in Norway House to enter the community of Cross Lake. Cross Lakers should not go to Norway House either.

**COVID 19-VIRUS CAN STILL BE TRANSMITTED TO YOU, EVEN IF YOU ARE DOUBLE VACCINATED. RESIST AND FOCUS ON THE FUNDAMENTALS:**

- Check yourself for symptoms every day
- Stay home when you are sick
- Get tested if you have symptoms of Covid-19
- Wash your hands or use alcohol based hand sanitizer frequently
- Cover your cough/sneeze
- Maintain social (physical) distancing
- Wear a mask

If any COVID-19 symptoms develop, phone Public Health at the Nursing Station: **(204)676-5663.**

***Ekosani,***

***WEAR A MASK, WASH YOUR HANDS, SOCIAL DISTANCE!***