



CROSS LAKE BAND OF INDIANS
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RED CRITICAL LEVEL FOR CROSS LAKE

JANUARY 21, 2021

The Province of Manitoba has announced the loosening of certain restrictions will be lifted effective January 23, 2021. Unfortunately the Northern Region will still be in the red critical level due to the alarming number of positive cases in the North.

As of today, January 21, 2021, **198** new cases of the virus has been identified in Manitoba. **105** cases in the Northern Health Region.

The only way we can contain this is to stay at home. Only go out if you have to do your shopping or pick up mail. Absolutely no visiting in different households. Koskwatapik, koskwaceek !

This is a result of people that were identified as contacts not staying at home to self isolate as told.

As of today January 21, 2021 the COVID SUMMARY FOR CROSS LAKE IS AS FOLLOWS:

- 79 total positive cases in Cross Lake on reserve
- 1 new case as of today's date.
- **Total recovered 52 cases**
- **Total of 27 positive active cases**
- 96 active contact cases isolating in the Community
- 21 **positive cases** in AIA
- 5 positive cases pending to AIA
- 42 households affected
- 1 in ICU (no longer contagious)

For the confirmed positive cases and contacts that have to go out to Winnipeg. Public Health Nurse from the Nursing Station makes the arrangements. She phones and informs Shared Health. This is a long process to document and make arrangements for the AIA and also for the charters. Sometimes we cannot get people out immediately and you have to be patient. This is beyond the control of Public Health Nurse, Jeanette Blacksmith, Helga Hamilton Health Director or Chief and Council. Furthermore, you do not need to call Public Health for cleaning supplies or food. That is not their responsibility. We have people on the CLPPC that are assigned to that. This is only available to the positive cases family. Their homes get fogged prior to returning. We are presently in discussion how we can better the system in bringing the people that completed isolation home as soon as possible. You are not sent out there for you to go drinking or doing drugs after you complete your isolation.

The Isolation Officers are also assisting in this process. Public Health has identified 42 households and will be monitored by the Isolation Officers.

If you feel ill, please do not hesitate to call the Nursing Station at 204-676-2011. It is important that you do not wait you will get swabbed for COVID-19 if you are feeling ill.

People are smuggling people into the community and are smuggling people out of the community. NWH PAT has inquired about some people trying to get into their community. If you are caught or found out to be true, you will be charged under the Quarantine Act.

Please abide by the following guidelines:

- Wear a Mask in Public Places
- Wash your hands constantly
- Social distance of 6 feet
- No visiting in different households.
- If told to isolate by Public Health you have to isolate

Once we go down to no positives in the community, no contacts in the community, we will be able to lift restrictions. So please stay home in your own bubble, do not allow visitors in your home. Don't go out if you don't have too.

Ekosani, stay safe, wear your mask, wash your hands, social distance of 6 feet